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COLEMAN, ALTA.

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 26 - No. 21

The Journal, Coleman, Alberta Wed., Aug. 8, 1956

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Cascade Drilling Co. Starts Drilling on Cal-Standards Ellison Creek Wellsite

Cascade Drilling Co. has erected their heavy oil well drilling equipment on the Cal-Standard wellsite west of Coleman and it is expected as we go to press actual drilling operations will have started.

It is reported that this test well will be drilled to at least 10,000 to 12,000 feet. If positive results such as gas are found other wells will be drilled.

Oil officials are very enthusiastic on the possibilities of this venture. Seismic surveys carried out last year show the area to be very promising. Coleman and district people are hoping that the Cal-Standard Co. bring in this well. If reports on the formation live up to expectations this could become another major oil field equal to West Texas.

Former Residents Talented Musicians

John Korman Jr., son of Mr. and Mrs. John Korman Sr., of Los Angeles, California and formerly of Coleman has proven to be a very talented boy. Born in Coleman 17 years ago, he went to Los Angeles with his parents several years ago where he attended school.

Majoring in mathematics and science he received the highest marks in the entire school. He was concert master and president of the school orchestra. He won four scholarships in music and 14 firsts in the competition.

He played with the Vancouver Symphony orchestra at the age of 11 and was the youngest violinist to win the McMillan Scholarship in Canada. He also won the cup for stringed instruments against adults.

He won a \$600.00 Chinese Black TV set, a beautiful white stove and a \$50 wrist watch.

He was the youngest artist to win the N.C.I.A. Young Artists Competition. At the Young Musicians Foundation Concert he was chosen to play the Mendelssohn Concerto on June 17th, 1956, and was chosen as one of the most talented three in Los Angeles. For this concert he was loaned a \$2,500 violin. He also plays over the air on a Los Angeles radio station.

He is not only a very talented violinist but has won two scholarships to study at the School of Engineering. One of these from the University of California. It is a four year scholarship which gives him \$800.00 per year. He recently won the Basch Lamb Award and honorary award for science and superior scholarship. He has also won several other scholarships.

His sister Elaine is a first-class pianist. She taught music in Vancouver before moving to L.A. and won highest marks in Canada. She won a scholarship in music which would have allowed her to study music in Toronto but she decided to go to Los Angeles with her parents.

She is in demand as an accompanist in Los Angeles and is employed by the School of Music at the University of Southern California.

Mr. and Mrs. Mike Korman Jr. of Coleman are uncle and aunt of these talented youngsters.

West Coleman Streets and Sidewalks Receive New Look

Town work crews have been busy these last few days repairing and building new sidewalks around the bluff. Second street has received a coating of hard surface. This paving has reduced the dust considerably.

New safety helmet is compulsory

INTRODUCTION OF a new type of steel safety helmet which will be made compulsory for everyone working in the woods was announced Wednesday by the Workmen's Compensation Board.

The new helmet is of rather unusual design. A normal sized logger with his head snugly fitted in the helmet will find his head about six inches off the ground. It was explained that it had been brought to attention that many accidents in the woods were caused by falling objects striking people on the head. Present helmets might spread the force of the blow somewhat, but a logger still had to take the full weight of a falling tree on his head and neck, which tended to cause headaches.

At individual's request, the B.C. Research Council went to work on the problem of developing a helmet that would absorb the full force of a blow from above. The only feasible solution, the council found, was to extend the bottom edge of the helmet down until it rested on the ground.

Practical tests by members of the council staff proved that even this was not sufficient since he man still took about as much of the shock as the helmet. Surviving members of the staff went back to their drawing boards and produced the present version. This has proved highly satisfactory, particularly if the wearer remembers to bend slightly at the knees whenever a falling tree drives his helmet into the ground.

There proved to be only one drawback to the new equipment, aside from the fact that the wearer can't see out or move his arms. That is that once a helmet has been driven into the ground by a falling tree it is impossible to get it out again.

This difficulty had caused some concern, since it was not discovered until after mass production of the helmets had started. It had been solved for the time being, however, by painting R. I. P. on each of the helmets, with space left for the wearer's name and date.

Newer models now going into production will be made somewhat larger and will include a doctor and a close relative, to look after the post mortem examination and identification.

An official was asked if the next step would be to build in an entire coroner's jury. "Certainly not," he commented. "Don't be ridiculous." —Agassiz-Harrison Retreat.

When you use coloring in a batter or mixture that is to be baked remember it will require more coloring as it fades with the heat. On the other hand if you are using coloring in a frosting for example, use less than you require for the finished product as it will become darker as it stands, because of the action of the air.



JAZZ FOR Highbrows — CBC Wednesday Night, that regular radio series which usually confines itself musically to Bach, Brahms, and Beethoven, will do what many will consider to be an about-face. For five weeks, starting July 11, they will broadcast the Jazz Concert from the Stratford Festival.

Among the leaders will be (l. to r. top) three Canadians, Phil Nimmons, (at Jackson, Norm Symonds as well as (l. to r. bottom) Duke Ellington and pianist Art Tatum and Dave Brubeck.

Mr. and Mrs. J. Cousins Complete 3600 Mile Tourist Trip to U.S.A.

After three weeks of new places and people and over 3,600 miles behind them Mr. and Mrs. James Cousins have returned to Lethbridge after completing a successful tourist promotion trip to the north-western United States.

As a result of the trip, sponsored by the Lethbridge Chamber of Commerce, there are a lot of people in 16 towns and cities in six states who never had heard of Lethbridge who now have a better knowledge of the tourist facilities and accommodations here.

Mr. and Mrs. Cousins left Lethbridge July 6.

GOOD TO BE HOME

"It's a relief to be home but we enjoyed the trip," the weary pair stated Monday as they were kept rushing winding up details of the trip and settling their own affairs that had been neglected during the three weeks.

Upon his return, Mr. Cousins said judging from the reception received in various points and the queries already received the trip was "a success". During the trip the pair spoke over radio stations, appeared on three television programs and were interviewed by newspapers at every town or city they visited. In addition, they drove the small bus used throughout the trip in parades at Sheridan, Wyo., and Whitefish, Mont.

The bus, loaned by S. M. Penas, was painted with signs advertising Lethbridge and included a map showing the border entries leading to this city.

OFFICIALS PRAISED

Chamber of Commerce officials were the first stop at each point visited. Mr. Cousins praised the various chambers of commerce and stated officials in most places had prepared well in advance for their arrival.

He made seven official speeches to chamber of commerce and service club groups and conveyed greetings to the mayors from Lethbridge's Mayor Haig.

In addition, the couple met a large number of tourists and individuals who were attracted by the eye-catching bus. At motels where they stopped queries were made by fellow travellers and

tourists.

It is surprising the number of people who are on the road and yet do not know exactly where they plan to go," Mr. Cousins remarked.

He and his wife distributed several hundred copies of chamber of commerce tourist literature outlining Southern Alberta tourist attractions. They also showed films three different times during the trip. Films were entitled "Green Acres," "Gift of the Glaciers" and "Skyline Trails." One of the films was shown once on television.

WARM WELCOME

An especially warm welcome was received at Spokane, Wash. Mr. Cousins reported. He and his wife spent a solid ten hours touring the city and meeting officials including the mayor and members of the city council.

The tour encountered good weather throughout the three weeks although the temperature hovered around the 100-degree mark at Spokane.

They kept to schedule although it was quite a rush at the beginning because the distances were so great. At the start they spent six or seven hours each day on the road but when they were in the more populated areas the time was reduced about two hours.

"We both enjoyed the trip very much and given a bit of a rest we would do it all over again," Mr. Cousins stated.

He added, "Our Chamber of Commerce did a very good job of organizing and we learned a few things that will help if such a trip is ever sponsored again."

Included in the tour were Havre, Mont., Williston, N.D., Devil's Lake N.D., Bismarck, N.D., Pierre, S.D., Spearfish, Mont., Sheridan, Wyo., Yellowstone Park and the Yellowstone Park area, Livingston, Helena, Missoula and Kallispel, all in Montana, Sandpoint, Couer d'Alene, Idaho, Spokane, Wash. and Whitefish, Montana.

Mr. and Mrs. Cousins are former Coleman residents. Mr. Cousins is the son of Mr. and Mrs. W. Cousins, Coleman oldtimers. He was a teacher here for several years.

Tours Shelter Draws Many Tourists

Coleman Tourist Shelter erected by the Board of Trade has been worked overtime this summer. Tourists from all over America and Canada have enjoyed this wonderful spot. On any day or evening cars, trailers, tents, people galore can be seen using the shelter facilities.

The playgrounds erected by the Lions Club come in for their share of use by tourist children. If the present trend continues, it may be necessary to enlarge these facilities. Coleman's name is being carried far and wide by users of this beautiful spot.

Bellevue Legion Retains Bingo Jackpot

A summer bingo was played in the Bellevue Legion clubrooms recently but although everyone tried hard none was lucky enough to win the \$400.00 jackpot. When the jackpot was not won in 61 numbers a consolation of \$100.00 was won by one of the players.

Other lucky winners for the evening were, G. Severin, R. Gingras, H. Newton, R. Derome, Mrs. L. Green, Mrs. E. Olinek, Mrs. N. Beck, Mrs. F. Padgett, and Mrs. J. Price.

Royal Conservatory of Toronto Music Exam Results

(Pupils of Mrs. J. R. Hill)

Grade Nine Honors—Annie Skina, Bellevue.

Grade Seven Pass—Jerry Lonsbury, Neil Lonsbury.

Grade Six, Honors—John Cousins.

Pass—Caron Johnson.

Grade Five, Honors—Judith Maynard, Margaret Hefeford, Elaine Hefeford.

Grade Four, First Class Honors—Valerie Kwasnie and Marlene Yuris of Hillcrest, equal.

Grade Three, Honors—Barbara Kwasnie.

Grade One, First Class Honors—Jean Pierzchela, Hillcrest; Connie Marconi, Marie Yakula, Ralphina DeLuca.

Honors—Brian Johnson, Roy Yakula.

Pass—Sharlet Duntord.

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West Coleman Swimming Hole Very Popular

The swimming hole in the Crownest River in West Coleman has become very popular during the last few weeks. Hot weather has brought Coleman people in droves to this cool, refreshing spot.

On any hot day children throng the area and later in the afternoon considerable number of grownups are on hand. This spot could quite easily be turned into a very fine summer recreation spot, with a footbridge to cross the river to the shade of the lovely trees; a few rustic benches and tables for picnics, or for parents to sit and watch the children enjoying the swimming.

A few loads of gravel and sand to do away with the mud banks under the diving board would greatly improve this beautiful spot.

This would be a great project for some service club to undertake. One only has to watch the enjoyment of our children at this swimming hole to understand the need for greater improvements.

Anyone who has any suggestions for improving this spot drop the Journal a line explaining your idea and we will gladly print it and encourage others in the swimming hole.

Trade Board Improving Blairmore Camp Grounds

Volunteer help of members of the Blairmore Board of Trade is speeding up the construction of the attractive camp shelter in the picnic grounds at the east end of Blairmore this week. With the members turning out several nights a well designed camp shelter built of new lumber, supplied by local lumber operators has been erected in the middle of the spacious tree shaded grounds. Tables and benches will be placed on the inside of the shelter as well as the tables that are already in the grounds. Running water has been installed by Blairmore town crews who have levelled the grounds and covered the area with fine gravel. The town has also erected rest rooms at the far end of the premises and it is expected that electricity will be supplied in the near future.

The members of the Board of Trade have hauled rocks from the nearby Crow's Nest River and encircled the base of the trees with colored stones and earth has been placed in the rock fences. The possibility of growing flowers around the trees is also being considered.

When completed, the shelter along with the excellent camp shelter built at Coleman, will be one of the finest in Southern Alberta. Gratifying to note is the fact that numerous tourists and visitors to the area are using the grounds and each evening trailers may be seen stopping over in the camp grounds.

Those using the grounds are also showing their appreciation by using the garbage containers placed there by the town last week and as a result the camp is being kept very clean and tidy.

Bruno's Drygoods Store Changes Hands

Bruno's Drygoods store owned and operated by Mr. Bruno Michalsky for a number of years has been sold to Mrs. Carol Rollins who formerly operated Rollins Drygoods. Mrs. Rollins store was destroyed by fire last spring. Mrs. Rollins will take possession on Nov. first.

Notice of Nomination

Owing to the vacancy of one Board Member of the Coleman School District, No. 1216, Nominations will be received at the Town Office on MONDAY, AUGUST 13th, from 11 a.m. to 12 noon.

TOWN COUNCIL

World Happenings In Pictures



QUEEN PRESIDES AT INSTALLATION OF NEW KNIGHTS OF THE GARTER—The Queen and Duke of Edinburgh walk to ceremonies installing three new Knights of the Garter at St. George's Chapel in Windsor Castle. The new knights were: Prime Minister Sir Anthony Eden; former Prime Minister Clement Attlee, and the Earl of Ivesagh, a member of an Irish brewing family.



WEST GERMAN CHANCELLOR KONRAD ADENAUER, smokes a peace pipe and wears an Indian headdress provided by Morris Wheelock, chief of the consolidated tribes of American Indians. Adenauer's visit to Milwaukee to receive an honorary degree from Marquette University coincided with a powwow of the consolidated tribes.



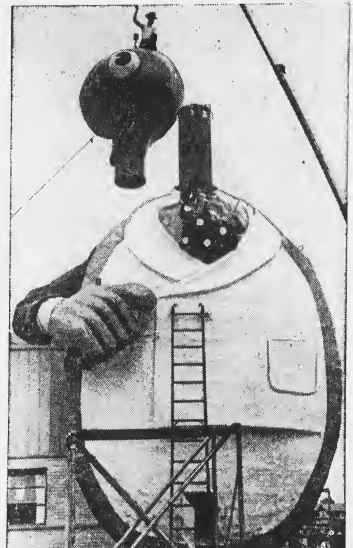
A BEAUTY QUEEN AND HER MAHARAJAH—Former beauty queen Janet Hicks, 20, and her 26-year-old bridegroom, the Maharajah of Mysensingh, leave after their wedding in the register office in the Essex county town of Braintree. The ceremony took place a few hours after Janet's father, a retired coach owner, had given his consent to the wedding. The couple met when she was a receptionist in a London hotel. They plan on living in Calcutta.



TALL CORPORAL: U.S. army's guided missile, "Corporal," draws spectators at the recent International Air Show at Zurich, Switzerland, where this unusual high-angle shot of the lethal weapon was taken. Designed for use in the field, it can be equipped with either a conventional or atomic warhead. Corporal's effective range is said to far surpass that of conventional field artillery.



WINGED LOOK: The classic suit takes wing this fall as German designer Heinz Ostergard fits it with a pair of floating "wings" streaming from the waistline to the hem of the slim, tight skirt. The tailored suit, done in dark red flannel, is trimmed with dyed red Persian lamb end matching hat.



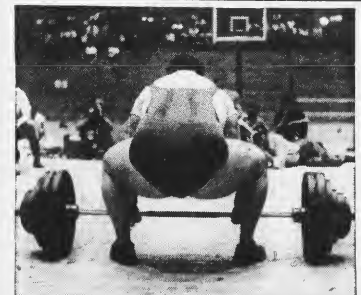
SKY TURTLE: A giant head is hoisted into place as the world's largest "turtle" is erected to serve as Chicago's newest weathervane. The three-and-a-half-story figure's back will change colors, depending upon the weather. It weighs 15,000 pounds and cost \$20,000 to build. The turtle will rotate atop Chicago's Hooley Flatiron building, with each of its three sides showing the time and weather forecast to passing motorists.



PEEPL POD: A newly developed passenger pod will solve the problem of getting people to jet aircraft. The pod, capacity 16 people, is picked up by a straddle carrier and carried out to the plane. Then the carrier raises the pod to the doorway and the passengers simply walk from pod to plane. The system, being shown, above, in Cleveland, Ohio, traffic, has been developed by Clark Equipment Company's Industrial Truck Division.



FAMILY WITH A SPLASH—Sam Zamudio, left, and his son, Emilio, practice water skiing at Cypress Gardens, Fla. Doing a water version of a father-and-son act, the Zamudios set the mood for their community's observance of national Father and Son Week.



JUST REARIN' TO GO—The end was in sight for spectators at the recent national AAU championships in Philadelphia, Pa., as hefty, 325-pound Paul Anderson gave a performance that retained his AAU title and bettered three world marks. The 24-year-old from Toccoa, Ga., set global marks for total lift, snatch, and clean-and-jerk.

OUR COMPLETE SHORT STORY—

the wall

—By C. K. PRIEST

IT WAS dark, so dark that the rain seemed to be pelting him with warm blobs of black ink. There was no light in this darkness, no beacon, no glow of distant village, only a single wavering speck of illusory brightness that appeared and disappeared in the far sky.

Lacking a better guide, Convict No. 614868 followed this vagrant gleam, stumbling, not knowing where his course led.

His escape had been easy, as prison escapes go. The lessons received from Zingo, once known as "The Human Fly," who had been his cell-mate because of certain unfortunate checks, had been well taught. Hours of practice until his fingertips were hard and as strong as claws; tiny almost invisible grips fabricated furtively in the prison shop and cleverly sewn into the soles of his shoes; these, and his will to escape had brought him up and over the high granite wall. Now he had until morning call before the alarm.

He plodded on, following the fragile gleam. He was no fool, to wander in circles in the purposeful wilderness around the prison. Nor would he take to the roads and inevitably discovery. Instead, with dawn, he would orient himself and head north, deep into the back country, until the hue and cry had worn down. A clever man could live well off this country, with its plentiful game, and the rain would cover his tracks.

Convict No. 614868 felt well pleased with himself. It had been carried through neatly. That was the way he had killed the girl who had double-crossed him. Of course, he had been caught and sent to prison, but he was not as smart then as he was now. He would have to do something to make it right with Zingo, who had taught him the trick of climbing.

He kept his eyes on the light that was now his guide. It was hard to follow. Sometimes it disappeared entirely and at other times it seemed to bob up and down. The illusion, he reasoned, would be caused by the scurrying storm clouds. He managed to keep it directly ahead of him, although it seemed to grow dim as he struggled through the brush. The rain was falling faster, and the night growing ever darker. It was that way, he thought, darkest before dawn.

Suddenly he stumbled into a ponding, bruising himself. His fingers explored the cold surface. Another wall? He must have put over a

mile between himself and the prison by this time. Then it came to him that this must be the embankment of the railroad spur track that served the prison. He would have to cross it some time—it might as well be now. He felt of the stone that extended up above him into the night. Granite, huge blocks of granite, just like the prison walls. This country was full of granite.

He began to climb, carefully, but it was farther to the top than he had expected and the strain of pulling himself up by his fingertips began to tell. He had no idea the track ran so far above the level of the land. He must have wandered into the low section. The ground had been marshy underfoot.

Up and up he went, and a surge of relief swept through him when his questing fingers at last felt the sharp ledge that meant he had reached the top. He allowed himself to swing clear of the wall for a moment, hanging suspended in blackness, before he made the final effort of throwing himself up and on to the tracks. That was the thrill of vertical climbing. Zingo had always said—to hang suspended in space while packed crowds below held their breath for the final spectacular swing. Zingo had climbed buildings with cornices that protruded three feet. Sometimes, Convict No. 614868 thought, he would practice climbing an overhang like that.

Slowly, as Zingo would have done, he began swinging his body like a pendulum from the pivotal grip of his fingertips, describing wider and wider arcs, until, with a supreme surge, he threw his body up and over. Convict No. 614868 allowed himself to sprawl out, as he reached the peak of his swing, thinking how nice it was going to be to drop down on the high track and rest.

But there was no roadbed, no track, beneath him. He felt himself falling into space; at first with surprise and then with piercing pain as his fingers clawed for a grip where there was nothing to grasp, as the momentum of his body carried him completely over and past the top. He plunged, down and down, and he heard only faintly the thud of his body. For an instant he was conscious of a multitude of flashing lights and what seemed to be the sound of running feet, and then all was a blackness greater than the night.

Some hours later, the chief guard made his report to the warden: "No. 614868 climbed out, climbed back in on the other side, on one side of the prison and the other. The only way we can figure it out is that he followed the light of a small plane that circled for an emergency landing. He must have struggled through the brush for hours, making a half circle back to the opposite prison wall. Why he climbed back in again we don't know."

Helpful Hints

When you use coloring in a batter or mixture that is to be baked, remember it will require more coloring as it fades with the heat. On the other hand if you are using coloring in a frosting for example, finished product as it will become darker as it stands, because of the action of the air.

Having a party at your home? Dishes, place mats and coasters made from bright pieces of left-over wallpaper contrasting with your china design, will add an interesting note to the evening.

Instead of tossing out celery tops, dry them as you would herbs. Then crumble the dried leaves and store in a covered jar to use as flavoring for soups, casseroles and other dishes. 3201

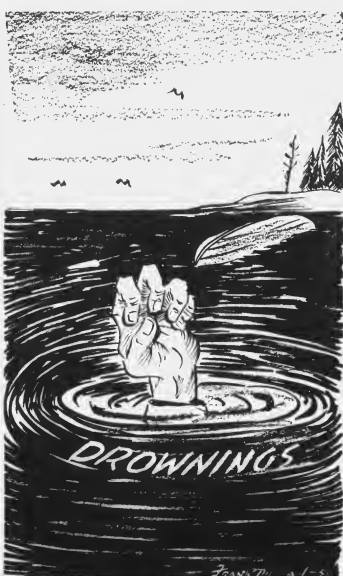
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STOP the Itch of Insect Bites—Heat Rash. Quick! Stop itching from insect bites, heat rash, eczema, hives, sunburn, etc. Rub on a little of this and the itching stops. It's the only relief for all itchy skin troubles. Use quick-acting, soothing, antiseptic. D. D. D. PRESCRIPTION. Greasy, greasy, greasy. Stop itchy or money back. If you don't like it, get it back. D. D. D. PRESCRIPTION. 1-9

Do FALSE TEETH Rock, Slide or Slip?

FASTTEETH, an improved powder to be applied on upper or lower plates, holds false teeth more firmly in place. Do not slide, slip or rock. No gummy, gooey, sticky taste or feeling. FASTTEETH is alkaline (non-acid). Does not sour. Checks "plate odor" (denture breath). Get FASTTEETH at any drug counter.



Traffic Isn't The Only Weekend Hazard



REGIMENTAL MUSEUM OPENED—Historical items spanning 42 years and three wars have been gathered and placed in a regimental museum at Calgary by the Princess Patricia's Canadian Light Infantry. New recruits will visit to learn the unit's tradition and see relics of past deeds. Here Pte. Ches Holland of Crystal Springs, Sask., examines captured German helmets and a silver bugle. On the wall is an original recruiting poster of 1914.

Faith, trust left unspoiled if child dealt with honestly

A child has two hearts—the physical one, and the emotional one, according to a release received by the Health League of Canada, from the Journal of the American Medical Association.

Dr. Willis J. Potts, of the Children's Memorial Hospital, Chicago, says: "The physical heart is a rugged mechanism that will tolerate the ravages of infection, the scars resulting from impaired blood supply, and the approaches of surgeon's tools, but the emotional heart is a delicate mechanism, sensitive to the slightest wound of fear, insecurity, indifference, thoughtlessness and misunderstanding."

Doctors often must deal with both hearts, but when even they are not working with the physical heart, they must consider the emotional one, he says. The emotions roused in children by encounters with doctors and nurses, long hospital stays, and surgical operations can leave deep and serious psychological scars.

During a prolonged hospitalization the child needs more than the minimum of attention. Even under the most hygienic surroundings, the child will develop poorly—physically and mentally—unless he gets essential tender, loving care.

To many children, a hospital experience is a nightmare, he says. Before the age of reason, a child is unable to comprehend why he should be separated from his mother. Nurses frequently can act as substitute mothers to the very small child, but the three or four-year-old wants his "mommy."

Children from stable, closely-knit rural families are especially co-operative in hospital. Other children, who have few restrictions at home, also learn to co-operate when they are in the hospital for long periods. In fact, they actually enjoy the intelligent restrictions of an orderly life, says Dr. Potts.

"Children are such amazing little creatures," he says. "Tell them



Come to think of it, worse than rain! cats and dogs in what's hailing taxicabs.

The linotypist who filled in as church sexton had to watch his P's and Q's during the week and his keys and pews on the weekend.

A consignment of new driftees was taken for a gruelling 10-mile hike with full equipment strapped to their backs. Then the grizzled sergeant announced, "Now we've got to march right back without stopping for food or rest. Any man not fit for that take three paces forward."

The whole outfit promptly took three paces forward—all that is, but one poor boot who stood rooted in his place. "So you're willing," boomed the sergeant. "I admire your stamina!"

"Stamina, my eye!" groaned the rookie. "I'm so worn out I can't even walk the three paces forward!"

Looks for trouble from potato beetle

The Colorado Potato Beetle is now threatening to damage Manitoba crops and P. J. Peters, potato specialist with the department of Agriculture, says effective treatment must be undertaken at once.

Last winter's heavy covering of snow resulted in the overwintering of more Colorado Potato Beetles than usual. Mr. Peters explained. He suggested that an effective new insecticide—called toxaphene—be applied to crops at once.

Mr. Peters pointed out that the most common insecticide used to control this pest—D.D.T.—is no longer effective and urged use of the new chemical.

LOSE A MINUTE—SAVE A LIFE

Automatic pilot for future cars

With an "automatic pilot" in charge, the car of the future may drift effortlessly along a new, super highway held securely in the proper traffic lane by an electromagnetic field.

The driver of this "highway cruiser" would simply drive his car onto the highway, get on the track he desires, switch on the automatic pilot and relax.

This is one of the developments envisaged recently in an address to the Federation of Automobile Dealer Associations.

The speaker foresaw the car of the future divided into three specialized types—the highway cruiser, a luxurious automobile for inter-city transportation; the urbanite—combining maximum passenger space and manoeuvrability in a small package; and the sports car for travelling over secondary roads.

"We are told to expect smaller, lighter, more efficient and powerful engines—windows will be flush with the body and sealed, because the vehicle will be air conditioned."

"The highway cruiser will be a highly streamlined automobile—without much chrome or many ornaments. Purer design if you like. This car will have electronic and electro-mechanical devices for obstacle warning, deceleration, and guidance."

Approaching the super highway will probably set off warning signals, with traffic automatically controlled "until we are on the copper strip—we will sit on moveable seats that lock instantly by an electronic warning system in case of danger."

Other developments foreseen were an all-transparent roof; control of the car by something other than a steering wheel; a guidance lever, perhaps; interiors, comfort, safety, and color schemes beyond anything known today.

GEMS OF THOUGHT :

GRATITUDE

He enjoys much who is thankful for little; a grateful mind is both a great and a happy mind.

—William Secker.

O Lord, who lends me life, lend me a heart replete with thankfulness.

—Shakespeare.

May God give unto us all that loving sense of gratitude which delights in the opportunity to cancel accounts.—Mary Baker Eddy.

He who acknowledges a kindness has it still, and he who has a grateful sense of it has requested it.

—Cicero.

Sure to please!

Easy to make...and sure to please the fustiest appetite! You'll make them often...these light tender buns with a delicate orange flavor. For finest results when you bake at home, always depend on Fleischmann's Active Dry Yeast!

Orange Blossom Buns

1. Scald $\frac{1}{2}$ cup milk. Stir in $\frac{1}{4}$ cup granulated sugar, $1\frac{1}{2}$ teaspoons salt, $\frac{1}{2}$ cup shortening. Cool to lukewarm.
2. Measure, measure into bowl $\frac{1}{2}$ cup lukewarm water. Stir in 2 teaspoons granulated sugar. Sprinkle with contents of 2 envelopes Fleischmann's Active Dry Yeast. Let stand 10 minutes, THEN stir well. Stir in lukewarm milk mixture and 2 well-beaten eggs. 1 tablespoon grated orange rind.

3. Turn out dough on lightly-floured board. Knead until smooth and elastic. Place in greased bowl. Brush with melted butter or margarine. Cover. Let rise in warm place, free from draft, until doubled in bulk, about 1 hour.
4. Punch down dough. Halve the dough; form each half into an 8-inch roll. Cut each roll into 8 equal pieces; form into smooth balls. Place in greased muffin pans. Brush with melted butter or margarine. Cover. Let rise until doubled in bulk, about 1 hour. Dip 16 cubes of sugar one at a time, in a little orange juice and press a cube into top of each bun. Bake in a moderately hot oven, 375°, about 25 minutes. Yield—16 buns.



Needs no refrigeration

THE COLEMAN JOURNAL

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OMISSION IN FOWLER PROBE

Today Toronto welcomes the Fowler royal commission on broadcasting which has been entrusted with the difficult and important task of reporting on radio and television policy. The main problem in this field of public policy has arisen as a result of enormous increases in costs of television programs. The \$64,000 question is how much will Parliament and the taxpayer stand for in meeting TV costs, and is to be hoped that Mr. R. M. Fowler and his colleagues can come up with an acceptable answer to that.

Since TV costs are the heart of the problem before the Fowler commission, it is proper for it to obtain views and information from such sources as the British Broadcasting Corporation and from U.S. television networks. In Britain there has recently been a change of public policy to admit private television broadcasting, so that some of the cost of providing TV service is borne by private interests. One of the witnesses listed for the Toronto hearing is Sir George Barnes, talks director of the BBC, but it is understood that he will not testify since he has recently left the BBC.

A curious omission, which could be remedied, is the absence of American witnesses who could contribute information from an extensive experience with soaring TV costs south of the border. It is difficult to see how an inquiry into Canadian TV can be complete without some examination of programming and production trends in the United States.

Of Many Things FREIGHT AND FIREMEN

(By Ambrose Hills)

It seems to me the labor union bosses are acting pretty much like old-fashioned reactionaries these days.

I've been watching the fuss the railroad firemen are making because the CPR doesn't want to pay wages to firemen to sit in a diesel powered locomotive and read comic books. Apparently a skilled fireman is about as useful on a diesel locomotive as a jeweller in a blacksmith shop.

Yet the Brotherhood of Locomotive Firemen and Enginemen are fighting against any change in employment. The railroad claims that by re-employing displaced locomotive firemen in other useful railway work, it could reduce costs by five million dollars a year now, and by almost eleven millions when all locomotives are diesel powered. This saving does not seem to impress the union leaders at all.

But a saving of millions without any loss of efficiency is certainly going to impress somebody who has to pay freight charges. And it will likely impress other railway workers who must earn their pay the hard way. It seems ridiculous that a fireman on a diesel, where there is no firing to do, can earn up to \$40 a day — more than railroad agents who have really responsible jobs.

Most people would think that the firemen were mighty lucky that the railroad is not proposing to fire the lot of them. Instead, the railroad is perfectly willing to switch them over into other useful jobs.

Technological advances nearly always pinch some one. But to fight such advances in the stubborn way the Brotherhood of Locomotive Firemen and Enginemen are doing is foolhardy, indeed, and will win very little support from the public.

To cap it all, these men who now act as little more than engineer's helpers are asking for a pay boost of 25%. Furthermore, the threat of a strike action has been used, and William Gamble, spokesman for the firemen's union, has declared that a country-wide strike will be called if the union doesn't get what it wants from the Federal Conciliation Board.

Surely this is an ill-timed threat and a foolish request, just when railroads are fighting for their very lives against the unfair competition of buses, trucks and government air-lines. It is hard to understand why farmers, who are forever beefing about freight rates, don't make a few representations to the Conciliation Board on behalf of the freight-paying public.

SELF-IMPROVEMENT

(By Ambrose Hills)

I picked up an old, old book the other day and found some fascinating information about self-improvement.

The book was written almost a century ago, but I checked up with some important present-day authorities and find that the facts are all in order.

If you want to improve yourself, you can take courage from these findings.

If, for example, you exercise your right arm in order to make it stronger, you will discover, much to your surprise, that you have strengthened more than your right arm. Your left arm will also ap-

pear to be stronger, even though you did not use it in the exercise. According to the old book I've been reading, there is a reason for this. In your exercising you strengthened your will. A good deal of your strength lies in the will, rather than in your muscles. Many a husky man has found this out when floored by a skinny, weak-looking opponent — with a strong will.

Self-improvement is all-embracing. Practice charity, for example, and your faith will be strengthened too. Practice thrift and your earning power will increase. One virtue contributes to another; there is a progression which works in your favor once you take the first step forward towards virtue.

This progression explains why some specialists have also a remarkable variety of additional skills. In becoming truly great in their specialty, they have strengthened their will. A good doctor, for example, could become a fine mechanic quickly.

So, do not be too concerned about the position you now hold in life. Do it well, any you strengthen yourself in countless ways, ready for fresh opportunities. A really fine store clerk increases his ability each day to become the owner and operator of the business.

It must be admitted, however, that the same rules apply in reverse. Do a poor job in one line, and you deplete your ability to do any other kind of work. The lazy, sloppy carpenter who dreams of becoming a great contractor dreams in vain, because he has climbed on the skids which are greased with his own shortcomings.

Whatever this day brings you to do, do it as well as you can. Then you'll be ready to do a better, more important job tomorrow. It can't be otherwise. These are laws of nature. Work with them and you succeed. Disobey them and you fail.

It is that simple, and that difficult.

Report From The Financial Post Now we eat it all

UP TO ONLY a few years ago, points out The Financial Post, Canada had to have a big export of beef cattle in order to keep the domestic market healthy.

Now we are producing more beef than ever before but we are eating all of it ourselves. Cattle are coming on the Canadian markets at the rate of around 33,000 a week and Canadians are consuming them all. Before the war whenever the weekly run approached the 20,000 mark, or less than two-thirds of today, prices began to sag.

There are two reasons why we are eating more beef — more prosperity and more people.

With moderate prices people are eating beef freely and regularly not just occasionally. But more important is the fact that we have more people, almost 16 millions compared with less than 12 millions pre-war and all that increase and more has been in urban population, in food consumers not food producers.

It is that growth in population, that growth in the domestic market that is solving many of our former farm marketing problems. And population growth will continue to solve these problems provided we are sensible and let prices and production follow their natural courses.

Aside from wheat, in which Canada is a major world producer, practically everything the farmer will be growing 25 years from now will be absorbed by the domestic market.

The Take-Off

(From The Cranbrook Courier)

You'd think that a man who once spent two days naked as a grape among a hundred nudists and a good many hours of his Army days in the altogether, as the saying goes, would have developed at least a modicum of poise in the raw.

In the sun worshippers' colony of course, as it was in the Army, there was always company and the comfort of knowing that you couldn't look any sillier than the next boob.

Army doctors, for reasons I was never able to determine, insisted that their victims disrobe completely, however localized the area inspection.

A quick glance at the tongue or a test for color blindness called for a complete strip.

Standing there, usually in a drafty drill hall, with a dozen or more comrades, my morale was often lowered even further by certain conviction that we could not possibly win a war.

My mind went back to these experiences the other day when I tottered to my physician for a periodic check-up and found that for all my training, I'm still terribly reliant on my trousers.

Although a normal man in other ways, my doctor is a Progressive Conservative and we invariably begin our ritual with a pleasant debate. Unhappily we'd just got going when the doctor was called from the room. "You can take your duds off," he said and he departed. I'll be back in a minute.

I then removed my clothes, glanced nervously out of the window for low-flying helicopters, and returned to my chair which turned out to have the temperature just above that of an ice-floe. I

folded my arms across my chest and readied for instant flight.

Placed in this miserable position a man begins to feel as if he were growing smaller or, perhaps, as if the chair were growing larger.

From the outside hall came the sound of animated conversation and the tread of passing footsteps. The rumble of traffic rose from the street below. There seemed a strong possibility of a crowded bus passing through the room at any moment.

I found myself whistling tunelessly, crossing and recrossing my legs, closely examining my fingernails and in general showing every sign of incipient panic. Supposing the doctor had forgotten me and gone away on a trip to Rochester? Did he mean for me to take off all my clothes or just my shirt? Would Miss Winesap, his nurse, knock first if she decided to come in for something?

At this point the door knob started turning and I leaped like a startled gazelle to a position of modesty behind the chair. It was the doctor. I was never so glad to see anyone in my life.

I resumed my position in the chair, folding my arms again like September Morn, and waited for the examination to begin. Instead the doctor elected to resume his political discussion, launching into a stirring defence of George Drew.

My reputation as a good listener was at stake, I realized, but it was obvious he had me at a tremendous disadvantage. I felt as if I were attending a forum in my Maidenform bra. My hand fumbled along my ribs, searching pathetically for a pocket.

As it turned out, the examination lasted no more than 10 minutes and except for a slightly too-high blood pressure I seemed reasonably intact.

"I can't understand that blood pressure," the doctor mused. "You never had it before."

"Next time let's try locking the door," I said. "That'll bring it back to normal."

Cranbrook bingo attracts 2900

Cranbrook, B. C. — Giant bingo sponsored by the Cranbrook Lions Club and Cranbrook branch of the Canadian Legion on behalf of the Dr. P. W. Green Memorial Home Fund, drew an attendance of 2900, almost a record crowd for the Cranbrook Memorial Arena where the event was staged Saturday night.

Prizes at stake had a retail value of \$4500 and a substantial addition will be made to the Memorial Fund as a result.

Winner of the major prize, a new automobile, was Bob Donaldson, Cranbrook photographer. The television set was won by A. M. Rothwell of Mayook, the clock radio, by Sharon Blyak of Cranbrook, the washing machine by H. Conroy of Cranbrook, and the bicycle by Mrs. K. Thomas of Kimberley.

It's good to have money and the things money can buy. But it is good, too, to check up once in a while and make sure you haven't lost the things money cannot buy.

"And what parable do you like best, my friend?"

"The one about the multitude that loads and fishes."

"When you buy something for a song, look out for the accompaniment."



when the peddler selling printing supplies solicits your business, there are a few questions which he should be willing to answer to your satisfaction:

1. Does he pay taxes in this community?
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4. Does he pay wages to a force of employees located in Coleman?
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6. Does he grant you every favor that you would ordinarily ask your local newspaper?
7. Does the quality of his merchandise stand inspection?
8. Does his price include sales tax, postage and insurance charges?

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The Coleman Journal

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WANTED—Teacher for Frank School District No. 629. Grades one to six inclusive. Newly revised, approved salary schedule. Applications to be received up to the 20th day of August, 1956.

Mrs. Anita Edl, Secretary-Treasurer,
Frank, Alberta

WE PRINT

Wedding Invitations

Call in and see our Samples

Wedding Cake Boxes For Sale

The Coleman Journal

Personalities In The News

Mr. and Mrs. J. Montalbetti and son left last weekend for a holiday in the United States.

Mr. and Mrs. Francis Dalman have taken up residence in Pincher Creek. Mr. Dalman was employed here by the Department of Public Works.

Mr. and Mrs. H. Wilton-Clarke and family are visiting at the home of the former's mother Mrs. H. Clarke.

Mr. and Mrs. Tom McGregor of Vancouver were recent guests at the home of their daughter and son-in-law Mr. and Mrs. Roy Upton.

Mr. and Mrs. D. Jessy of Calgary recently visited Mr. and Mrs. George Jenkins and also visited with Mrs. Jessy's father Mr. R. Jenkins who has returned from Vancouver.

Leslie Owen accompanied by his grandparents Mr. and Mrs. J. Robinson have returned from a holiday spent at Penitence and the Okanagan Valley.

Mrs. Ann Murdock, R.N., is relieving at Dr. Aiello's office while Mrs. M. Johnson is on holidays.

Miss Edith Haysom and brother Hubert are visiting at Medicine Hat with their brother Idris Haysom.

Mrs. Steve Bencko and daughters Diane and Elaine visited last week with Mr. Steve Bencko.

Mrs. Fairfull of Calgary visited here with Mr. and Mrs. H. Garner enroute home from a holiday at Los Angeles.

Mrs. Hazel Davies and daughter of Lethbridge visited recently with her father Mr. Herman Collins.

Friends meeting Louis Sist in Calgary said he is very well and sends best wishes to all his friends here.

Mrs. Gladys MacDonald and son Gordon have left for a holiday to be spent in Cranbrook.

Mrs. Agnes Ryan of Calgary is visiting this weekend at Spokane accompanied by the Tiberghien family.

Mr. and Mrs. J. Park and family visited Waterton Lakes recently.

Mr. and Mrs. Jack Jones and family of Lethbridge visited this weekend at the home of the former's mother Mrs. L. Jones. They left Monday accompanied by Mrs. Jones for a holiday at Banff.

Mrs. Bella Ohren accompanied by her grandson and family Mr. and Mrs. Harold Ohren of St. Louis, Missouri, visited Mr. and Mrs. J. Hansman, Mr. and Mrs. C. Westley and Mr. and Mrs. T. Holstead recently.

Imperial Oil open new building at Dawson Creek

A new quarter million dollar building has just been opened in Dawson Creek as the first full-scale Imperial Oil Ltd. exploration office in British Columbia. Completely modern it is the largest office structure north of Prince George or Edmonton and stands near the Alaska highway in Crescent Park on the outskirts of the town.

At the official opening P. J. Mulcahy of Victoria, chief commissioner of the Petroleum and Natural Gas Act, declared the new building is an expression of confidence in the future of oil exploration in north-eastern B.C. "It is an example of planning and progressive thinking," he said.

As its headquarters for the search for oil in the Peace River and northern areas, Imperial occupies the building under lease from its owner-builder, Archie Trail of Dawson Creek. Mr. Trail is the veteran head of a transport company and is engaged in many business activities around Dawson Creek.

Until this move, Imperial's exploration in B.C. has been organized from an office at Peace River Town in Alberta, with a sub-office at Peace River Town in Alberta with a sub-office at Dawson as a base for the seismic and drilling crews operating in this province. Personnel and equipment have now been moved from Peace River Town to Dawson Creek.

"The reason is solely because Dawson Creek is closer to the centre of operations," declared George Schultis, Peace River District exploration manager. "As it is now, the new building is an exploration office but it can easily be expanded to include a production headquarters if oil is found." The building houses 50 offices and a conference room, utility rooms, and three major vaults for exploration records in over 20,000 square feet of floor space—16,000 on the main floor and 4,000 on the basement level.

In addition to management and administration quarters, the offices include those for geological, geophysical, engineering, drilling, drafting and map reproduction work. The vaults and storage space have been provided to hold the records of all the exploration conducted by Imperial in northern Alberta and B.C. and the Northwest Territories. Stored in one section are sample cuttings from wells drilled in the area, including some from the earliest natural gas wells found in B.C. Equipment includes huge cameras and other map reproducing aids. The building is linked by teletype with Imperial's western exploration and producing headquarters in Calgary and with other of the company's operating centres.

Exploration information from the northern areas will be brought to the new headquarters for interpretation and recording. The sub-office, about three-quarters of a mile along the Alaska highway, will continue to be a base for drilling crews and seismic parties. Plans call for construction of a core storage building at the sub-office site.

The official opening was attended by business and government representatives of the Dawson Creek area, and oil company visitors from Edmonton, Calgary, Regina, and Vancouver. D. B. Layer, Imperial's western regional exploration manager, and V. J. Moroney, western regional production manager, were among the speakers.

Details of the \$250,000 Building
An example of contemporary architecture, the new building is in one story, long and low, in an H-plan with a split level designed to take advantage of its natural setting on a slight hill. From all its many windows there are broad views of the rolling Peace River countryside and of the Alaska and Hart highways.

The interior has been carefully designed to provide the best possible working conditions for the staff which at present numbers 72 persons. An unusual feature is the permanent and fully equipped coffee bar in an area immediately off the main foyer. The employee, social organization, the Polaris Club, takes charge at lunch and at coffee breaks.

Modern theories of the use of color in industry have been adopted throughout in decorating the offices. Floors are in buffs and greys; walls are in harmonizing tones of cream, mushroom, grey or buff, with such contrasting colors as Swedish Red and Deep Green. Indirect lighting fixtures have been installed in all the offices and there is a modern ventilation system and hot water heating backed by the Peace River's natural gas.

The offices were built to Imperial's specifications and the architect was Jolyon Briggs of Prince George, with Royce Rich and D. M. Drake, both of Vancouver, as electrical consultant and as heating and wiring consultant. Construction was a local project with B. and D. Construction of Dawson Creek as the main contractor. Other firms that contributed were Roberts Electric of Dawson Creek, electrical work; Bobbie Burns of Dawson Creek, plumbing and heating; Clarke decorating of Prince George, painting and decoration; and Peace River Wood Work of Peace River Town, cabinet work.

If or when oil is discovered in substantial quantities and additional space is required for a producing office, the building can be expanded by adding a second story and by extending the wings.

Machine best for washing lingerie

Researchers at Michigan State University say the washing machine does a better job keeping white nylons white than the hand laundry method.

Researchers in the university's textiles and clothing department found that both hand and machine laundering produce satisfactory results, but the more constant amount and temperature of water, plus the effective scouring and thorough rinsing, ranked the machine number one. These factors are especially important in preventing yellowing of nylon slips they said.

Both washing methods prevented a redepositing of dirt which causes cloth to appear gray, the study showed.

The researchers also found that treet knit nylon slips shrink slightly more than woven satin slips.

IN THE BUSINESS

The Browns had just moved into the big, old house. A neighbor asked 8-year-old Harold how many children there were in the family.

When he answered "Seven," the neighbor said: "It must cost a lot of money for so many children." "Oh, no," Harold replied. "We don't buy them. We raise them."

Classified Ads

HELP WANTED - FEMALE BOOKKEEPER - TYPIST — Required for permanent employment. Applicant must possess good typing ability. Previous office experience an asset. Apply in writing to Box 390, Pincher Creek, Alberta, stating age, previous experience, references, etc. Suitable applicant will be notified for an interview. 2tn.

FOR SALE
HOUSE FOR SALE — Four-roomed house and pantry with clothes closets and a small chicken coop. Cheap for cash or easy payments. Also for Sale, Baby High Chair, Heater and Stove. Apply to Mrs. M. Kozibroda, Coleman. 4tn.

FOR SALE — Ferguson Mower; Ferguson Side Delivery Rake; Ford Ferguson Tractor; Disk Cultivator; 5 section Iron Tooth Harrows; Horse Rake; and other useful farm tools. J. H. Boulton, on No. 3 Highway, 5 miles west of Coleman, Alberta.

COUNTER CHECK BOOKS
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Rev. R. MacAulay, Minister
Sunday, Aug. 12
10 a.m. — Church Service.
3rd Monday of each month
at 8 p.m. — Men's Club.

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RUBBER STAMPS

PROMPT SERVICE
The Coleman Journal

Here's what
Imperial
does with
its money



Of every dollar Imperial
Oil took in last year, more
than half went to buy
raw materials,
such as crude oil.



Operating and administrative
costs, depreciation, and
the wages of Imperial's
13,500 employees
took about a quarter.



Just over a tenth went
in taxes, not including
the road taxes in the
various provinces.



Just under nine cents was
Imperial's "profit," of
which five cents was
re-invested in the business.

So, of every dollar Imperial
took in last year, just
over four cents went in
dividends to the company's
45,000 shareholders.



IMPERIAL OIL LIMITED

Dial 3703

PARK'S

Prompt Delivery

Sugar, 10 pounds for \$1.03
Brown or Icing Sugar, pkt. .25
Milk, 6 tins for - .99

Dad's Cookies, 2 pkts. - .49
Strawberry Jam, Pure 4 lbs. - \$1.29
Niblet Corn, Green Giant 2 tins .45

Cream Corn, Choice, 2 tins .35
Apple Filling, Suntype, 2 tins .55
Matches, Red Bird - .33

Campbell's Soups

Tomato or Vegetable, 4 tins .59
SCOTCH BROTH or MUSHROOM 4 tins for - .79

Soap, Cashmere Bouquet 4 bars for .29
Woodbury Soap, Bath, 3 for .33
Sunlight Soap, 3 bars for .39

Budgie Seed, per pkt. - .27
Lard, 2 pounds for - .39
Vinegar, Western, Gal. \$1.15

Purex, 3 rolls for - .39
Kleenex, Man's size, 2 for .69
Johnson's Wax, 2 lb. tin \$1.19

White Shoe Polish, bottle .29
Bon Ami, 2 tins for - .35
Millionaire Sardines, 2 tins .45



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The weak and timid often strongest in times of crisis

In times of crisis it is often the weak, timid little man who rises to the occasion and surprises everyone by revealing unsuspected courage and a cool head, while the tough he-man is just as likely to give way to panic.

TRY AND STOP ME!

By BENNETT CERF

Battling Mike Flaherty had taken an awful beating through fifteen gruelling rounds, but at the finish the sports announcer insisted in dragging him up to the microphone. "Say anything," he ordered. "Your ma will be happy to know you're still alive!" The poor fighter staggered, held tight to the mike, and muttered, "Hello, who's calling?"

Two old college mates met after several years. One said glumly, "I've a tough row to hoe, Jim. My wife's always trying to keep up with the Joneses."

"You're lucky," snapped the other. "Mine's trying to keep up with the Rockefeller."

The pastor of a church in a small town was loved and respected by his congregation but his salary was necessarily small, so when a prosperous congregation in a large city offered him double the fee to shift his allegiance, the local church could not possibly match the offer.

"I suppose," mourned a member of the flock to the preacher's son, "your father will accept the call to that big city."

"Dunno," admitted the boy. "Dad's on his knees in the study at this very moment praying for guidance."

"And your ma?"

"She's upstairs packing the trunks."

A high school band in Wisconsin had prepared to spell out "HELLO" to a visiting unitary. But when half-time came and the band marched onto the field, the "O" formation lost directions, and stood in front of the other four.

Good nutrition

Good nutrition is a means to good health. A balanced diet helps to build up resistance to disease. To keep healthy, meals should contain a variety of foods to provide the necessary amounts of protein, minerals and vitamins that make up an adequate diet. Canada's Food Book outlines basic diet for children and adults.

THREE PARTS

Studies of Greenland indicate that the island may be divided into at least three parts by canyons scraped out below sea level by glaciers. 3201

How to Reduce Swollen Painful Piles

Here is a nice, clean, easy way to get relief from the nagging distress of swollen, painful piles without the inconvenience of ointments, pile piles or suppositories.

The secret is in taking just one small Hem-Road Tablet, with water, two or three times a day. Works through effective INTERNAL action. Quickly eases constipation, relieves straining, soreness and pain. Helps shrink pile and prevents them from coming back.

Why suffer needlessly when Hem-Road offers you so much? Get a package today. See for yourself how nice Hem-Road is to use, how effective it is and how much more comfort it will quickly bring you. All drug stores. Low cost. Money refunded if you are not 100% pleased.

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(AND LAST)

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FARES (for two in a lower) **\$92.00**
per person (other rates on request)

AVOID DISAPPOINTMENT! Make your
Reservations NOW by sending \$10.00 to:

- *Any C.N.R. Agent
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- *Chambers of Commerce
- *W.J. Hansen, Trade Information Services, Legislative Bldg., Regina.

DEPARTMENT OF CO-OPERATION and CO-OPERATIVE DEVELOPMENT

PREMIER T. C. DOUGLAS, Minister - B. N. ARNASON, Deputy Minister



THE FANTASY EVENT AT HAIR DISPLAY—The German Hairdressers' Show was held recently at Frankfurt, Germany, and one part of the show was the open-style—or fantasy event. The hairdressers were given a free hand to do any styles they desired. The style of the young woman above was judged the winner by the crowd. It was nicknamed "Frog King".

Thousands die annually in drownings

TORONTO. — "It is almost easier to tell that summer has come to Canada once more by looking at the headlines in newspapers reporting the latest drowning victims, than by noticing the new leaves on the trees," says Dr. Gordon Bates, General Director of the Health League of Canada.

"More than a thousand Canadians lose their lives every year through drownings, and attention at this time should be called, not only to the conventional rules of safety which should be observed, especially by swimmers and vacationers, but also to the all-important matter of artificial respiration."

"It is more than 16 years since Health Magazine first called attention to many serious misconceptions which arose in connection with the problem of drowning and artificial respiration," he says. "There has been a general and mistaken opinion that if a person is under water for more than four or five minutes, artificial respiration is useless. This is incorrect. There are numerous instances of persons having been revived even after being submerged for as long as half an hour."

"Another misconception has to do with signs of death. In drowning cases the ordinary signs of death do not count. Victims of drowning accidents have been revived in spite of the fact that for comparatively long periods, they have appeared to be dead. For perhaps several hours the victim has not breathed, there has been no pulse, no detectable heart beat, and no eye reflex. These are the ordinary accepted signs of death."

"Rules laid down by the Artificial Respiration Committee of the Health League of Canada 16 years ago were that artificial respiration must be continued for a minimum of four hours, or until rigor mortis sets in. Attention to these rules may save numerous lives this summer," Dr. Bates concluded.

VALUABLE LEAVES

If the outer leaves of lettuce and cabbage are thrown out, valuable vitamins and minerals are lost. These leaves can be used in soups or shredded for salads. Beet tops make an excellent substitute for other greens.

THE TILLERS

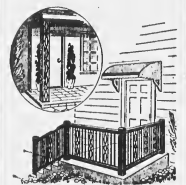


The Pattern Shop

IGSAW GRILLEWORK

Cut from pine for doors, windows gates and fences

Usually when we think of grillework it is the lacy designs in iron to be seen on houses of the last century. The work shown in the sketch is not iron but was jigsawed from pine. The repeats traced from a pattern are only 12-inches long and six wide. Note



that two of these end to end are repeated in the balustrade and six on the column face. The valance repeats around the porch. The pattern used for this job shows the design on doors, windows, gates and fences. The pattern carries the design in actual size for tracing onto the wood, with detailed directions. Pattern number is 386 and copy will be mailed for 35c. It is included in the Home Improvement Packet of five patterns for \$1.50.

FREE CATALOGUE upon request

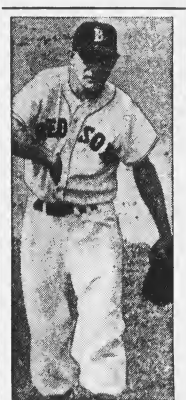
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Home Workshop Patterns,
Department P.P.L.,
4133 West 5th Avenue,
Vancouver, B.C.

Fashion news from Britain

Stoles and scarves have become, in the last 18 months, items of high fashion and popularity. United Kingdom manufacturers have produced them in a wide range of designs and materials as was seen at the recent Handkerchiefs and Scarves Trade Fair.

Mohair scarves and stoles created by a Scottish firm are made in a variety of 16 different shades and colors. Utilitarian, as well as beautiful, they are in demand in many countries. In fact the firm exports 80 percent of its production—and the production has increased by 500 percent in two years.

An unusual head square was introduced by a London firm. Called the Lamora, it is in water-repellent wool and is designed to be worn over the head when the weather is too rough for a hat. The Lamora is no more piece of waterproof material; it is a head scarf with full color interest.



WHERE'D IT GO?—In a baseball game between hometown Boston Red Sox and visiting Detroit, a hard grounder to third suddenly disappeared as Red Sox third baseman Billy Klaus went to field it. As he desperately tried to find it, Tiger hitter Bill Tuttle reached first safely. The ball was finally located in Klaus' jersey, above, thus ending the suspense.

Fashions

Back interest!



4512

14 1/2-24 1/2

by Anne Adams

Wonderfully flattering style for Half-Sizes—cut to fit the shorter, fuller figure perfectly! Note the newy back interest—in cape-like shoulder yoke, soft gathers at the waistline. Sew-pretty in cotton, crepe, faille—with your favorite scallop trim! Sew-easy too!

Pattern 4512: Half Sizes 14 1/2, 16 1/2, 18 1/2, 20 1/2, 22 1/2, 24 1/2. Size 16 1/2 requires 3 1/2 yards 35-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly: Size, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept.,
Department P.P.L.,
60 Front Street W., Toronto.

Be sure to write plainly your Name, Address and Pattern Number.

MATERNITY TOP

Look neat, smart and pretty all summer



7036

by Alice Brooks

Look neat, smart and pretty all summer in this lovely new maternity top. Novel neckline; pockets sparked with gay iron-on colors!

Pattern 7036: Maternity Misses' Sizes 10-12; 14-16 included. Pattern, washable iron-on motifs in combination of blue, yellow, green.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted):

Household Arts Department,
Department P.P.L.,
60 Front Street W., Toronto.

Two FREE patterns—printed in the new Alice Brooks Needlecraft book for 1956! Stunning designs for yourself, for your home just for you, our readers! Dozen of other designs to order—all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

Tracing origin of Japanese seen as difficult task for researchers

Freed from the theory that the emperor is divine, Japanese scholars are trying to find out about their origins, says story by Brian Kennedy of Reuters News Agency.

Japanese scholars are agreed that few problems present greater difficulties to anthropologists than tracing the origin of the Japanese people. Surviving records lack historical accuracy. Archaeological research has been slight.

Before the war, Japanese scholars were unable to publish their findings, because no one dared to throw doubt upon the divine origin of the emperor. After Japan's defeat, however, the emperor publicly renounced descent from the gods, and anthropologists here have now started to publish their theories.

Scientists observe, any rough-and-ready observer in any Japanese street will see plenty of types which would appear at home in the Mediterranean, the Arab countries, Malaya or the Philippines, Mongolia, or the Tuamotu islands.

Many Japanese have a Polynesian cast of countenance. Many are clearly of the Mongol type.

Dr. Masao Oka, professor of social anthropology at Tokyo University, notes two easily distinguishable main types in Japan, the plebeian and the patrician.

The "plebeians," he says, have dark skin, high cheek bones, and heavily-boned physique. The "patricians" are more finely built, often

taller, with aristocratic features and a pale skin. Japanese women of this type often take great pains to preserve the whiteness of their complexions.

Descended from gods

According to Oka, there are today four main schools of thought. He himself believes that his countrymen are descended from an aboriginal people, but more conservative scholars cling to the belief that the Japanese are descended from gods.

Others argue that successive waves of people of Mongoloid stock made their way through Manchuria to Japan via Korea and a fourth school of thought insists that the Japanese came from the south and originated in Malaya and Indonesia, crossing the seas in search of more fertile land.

One great difficulty, Oka says, is the origin of the Ainu. These people, physically distinct from the Japanese, inhabit Hokkaido, Japan's northernmost island. They are easily recognizable by their dark skin and hirsute features. Oka describes them as neither Japanese nor European, but says that foreign scholars have classified them as Mongoloids.

As proof that the Japanese are of Mongoloid stock other scholars point to the fact that only eight miles of water separates Hokkaido and Sakhalin.

BE SAFETY CONSCIOUS

—By Les Carroll



The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)
By Lloyd Percival

Another trick to build forearm strength

In any sport in which the hands and forearm muscles are used, it's a distinct advantage to be strong in this area. The result will be harder hits in baseball, firmer strokes in tennis, lower scores in golf. It will also help your skill and endurance during a long game. Weak forearms hinder your ability and cause you to tire sooner.

One way to build your forearms is to keep a small rubber ball with

you at all times. Squeeze this ball as hard and as often as you can during the day. Remember, do it with both arms, not just the one you use regularly.

Many champion athletes, in all sports, have used this simple trick effectively. Try it and see how well it works for you.

A trick to beat hot weather

During hot weather everybody is on the lookout for recovery aids to help offset the effects of heat. This is particularly important for the athlete, who has to play a hard game or go through his workout no matter what the weather, but every member of the family welcomes a recovery agent that gives a soothing relief from the humidity.

We've found that just about the best of them is tea, either warm or iced. A particularly ideal fatigue recovery aid is "ice cubes"—ice cubes made from tea and mixed with a special sweetening syrup. Here's how it's done.

First brew a pot of tea and let it stand for four minutes. Remove the tea, pour into ice cube trays and freeze into cubes. Prepare syrup of honey, lemon and orange juice, to taste.

To serve, put two cubes in a glass, half fill it with water, and fill the remainder with syrup.

This makes an extremely refreshing drink which combines the soothing lift of tea and the jack-up qualities of honey. It's extremely beneficial after a hard game or a session of gardening or other exercise. Athletes, however, should not take any ice cold beverage immediately before or during exertion, since it is possible it could have an adverse effect on the stomach. At such times, it should be slightly warm.

The Canadian Amateur Sports and Physical Fitness Development Service is a nationwide project operated by Sports College to improve standards of sports and physical fitness. This newspaper is pleased to participate in this service by presenting "The Sports Clinic" to its readers in the interests of this community. Further information about how the CASPDS can help you may be obtained by writing to Sports College, Box 86, Toronto 1, Ont.

The bat is the only mammal that can fly. 3201

WEEKLY BIBLE COMMENT

FAITH, GOOD WORKS MUST GO HAND IN HAND

In the Epistle of James, there is a profound plea for plain, honest, practical Christian living. There ought to really be a great deal more of it in the Church and in all relationship of Christians with the world. We have had no right, even in our thought, to separate faith and works. Faith is primary and basic, but faith and works go together, and until we relate faith to character and conduct we do not come to understand what Christian faith is.

James, like Paul, emphasizes the fact that God is the source of all goodness. From Him comes every good and perfect gift, and with Him there is no variability or shadow of turning. His love and His grace are abiding, and every man who in faith accepts the obligations of the Christian life will find the power of God with him to help him.

We cannot too strongly stress this concise definition of religion, found in the Epistle of James: "Pure religion and undefiled before our God and Father is this, to visit the fatherless and widows in their affliction, and to keep oneself unpolluted from the world."

It is this sort of religion which distinguished the early disciples. Paul believed in it just as much as James, but the world is still run largely on the basis of self-interest and not always "enlightened" self-interest.

The Christianity represents something deeper and brighter. It has produced humanitarian organizations and movements which lift mankind to motives of mutual aid. This, not self-interest, is the hope of the world's future.

On The Side: - By - E. V. Durling

Excessive weight is a life shortener. The larger the waistline the shorter the life-line. That's what the physicians and health experts are constantly claiming. However, is isn't necessarily so. There are some notable exceptions. I know of a Chicagoan who is 81 and weighs 290. She feels fine. She has three children, one is 17 and weighs 260, another, 75, weighs 235, and another, who is 73 weighs 300. They, also, all feel fine. They had a sister who weighed 110. She died years ago. Incidentally, she was the only one of the four sisters accepted for life insurance.

What's in a name?

How does your wife rate as a culinary expert? How versatile is she in making desserts? Does she know how to make "utterly deadly pean pie"? Certainly, there is a dessert so named. The recipe can be found in the cookbook titled "Cross Creek Cookery," by Marjorie Kinan Rawlings.

Sentimental value

"What will it do for me?" That is what a woman wants to know when considering the purchase of a dress or hat. The principal desire seems to be that the article of attire will increase the wearer's male attraction. As you know, Margaret Truman's wedding gown was designed by the Italian dressmaker, Miol Fontana. Do you know why? Well, Margaret was wearing a Fontana dress when she first met the man who became her husband. Mr. Daniels later confided to Margaret: "That dress you were wearing first attracted me to you." So that was a dress that really did something for a wearer. It got her a husband.

Early start

When Bob Feller was seven, his father started him practicing pitching. When Bobby Jones was seven, his father gave him a set of golf clubs for Christmas. If you want your son to be a champion or a star in baseball, football or golf, you should get him interested in the chosen sport early in life.

For the records

"Get it right," writes a reader. "Spaghetti is not so often claimed the national dish of Italy. Natives of northern Italy don't care for spaghetti. Never eat it. Only the southern Italians favor that dish. Another thing, it is wrong to say all Italian women are short. Most women in northern Italy are on the tall side. It is the females who are from southern Italy, especially Naples, who are short and dumpy."

Every franc counts

The Scots consider it clever to conserve their currency. However, when it comes to thinking it is smart to be thrifty, they are not in it with the French. For example, there are three classes on French railways. First-class ticket is equivalent of four cents a mile, second class, three cents a mile, and third class, two cents a mile. Ninety percent of the French people travel third class.

Royal right

The Duke of Edinburgh always walks on the left of his wife, Her Majesty the Queen. The position on the right indicates authority. Still, when the Duke and Elizabeth were married, she agreed to "love, cherish, and obey" him. But she was only a princess then. I suppose when she became Queen, the "obey" was automatically cancelled.

Strange street names

What is the most curiously named street in the world? How about that Paris thoroughfare, on the left bank of the Seine, which is named the Rue du Chat Qui Peche? That translated means "the street of the cat who fishes." Seems that in the yesteryear there actually was a cat in that location who fished for his food in the Seine. 3201



KILLED IN RACE—Bob Sweikert, 30, of Indianapolis, winner of the 500-mile classic last year was killed recently when the car in which he was driving during a sprint race in Salem, Ind., leaped over a guard rail. Two spectators watch the car spinning in the air following the mishap.

Quick Canadian Quiz

- Which province has the most miles of sea-coast?
- On the average, to move one ton of freight one mile by railway in Canada does it cost 1.5 cents, 4.7 cents, 7.4 cents?
- Highest temperature on record in Canada is 113 degrees. In what part of the country did that record high occur?
- What is the daily capacity of the Edmonton-Sarnia crude oil pipe line?
- In 1956 was average taxation per family in Canada \$400, \$1,300, or \$2,000?

(Answers in another column)

Canteen pillow for nip or nap

When a nip or a nap was needed the ancients had a pillow that enabled them to enjoy an eye-opener with their shut-eye. It was a jug-shaped porcelain affair, popular in the 14th century Orient, and was filled with water or other liquids.

Besides providing a handy thrust-quencher during the night, it kept the sleeper's head cool in hot weather, report sleep researchers. Since then, many a desert nomad, explorer and soldier has used this water canteen for a pillow.

Theodore Roosevelt, at 42, was the youngest president of the United States.

"Roughing It"—1956



PEGGY



RIVETS



Funny and Otherwise

"Is it true that it's bad luck to black cat to follow you?"
"Depends whether you're a man or a mouse."

Human nature is that which makes you swear at the driver when you are a pedestrian and at the pedestrian when you are a driver.

Sally: "Have you ever thought seriously about marriage?"
Mike: "Oh, yes, that's why I didn't."

Two survivors of a shipwreck, a seaman and a stockbroker, clambered on to a raft. "If a ship doesn't sight us soon," said the seaman, "we'll starve."

"Don't talk nonsense," snapped the stockbroker. "I've got plenty of money."

Collecting fares, the bus conductor stopped beside a small boy, who felt in all his pockets and looked under the seat while the conductor was waiting.

"What's the trouble, sonny?" he asked.

"I had a fifty cent piece and I've lost it."

The little fellow looked so upset that the conductor's heart was touched and he gave him a ticket free. The boy looked up and, on the point of tears, whimpered: "And what about my change?"

Clothing weight air conditioning stumbling block

Differences in weight of the clothing worn by the two sexes has created a stumbling block for air-conditioning engineers.

At the first all-industry Technical Conference held in Chicago recently, engineers took in stride such subjects as applications of nuclear energy and solar energy in residential housing.

But a report from Professor M. K. Fahnestock, of the Physical Environment Unit, University of Illinois, threw them for a loss. Discussing the relationship of controlled temperatures to human comfort, Fahnestock pointed out that, not counting belts and shoes, women wear an average of 1.25 pounds of clothing, while men ordinarily wear 3.56 pounds.

Since the ladies therefore like a higher temperature than men prefer, the obvious suggestion is that the two sexes occupy separate areas — but the engineers know that this won't do.

ANSWERS TO QUICK QUIZ

5. \$2,000 per family. 3. On the southern prairies. 1. Newfoundland. 4. 217,000 barrels a day out of Edmonton. 2. 1.5 cents per mile. (Material prepared by the editors of Quick Canadian Facts, the pocket annual of facts about Canada.)

HARD ON TEETH

Research reveals that the pocket gopher's incisor teeth grow at the rate of 46 inches a year. Incessant gnawing keeps them worn down for practical use.

:: Weekly Crossword Puzzle ::

Marine Coelenterate

HORIZONTAL

- 1 Depleted marine creature
- 9 It is found in the —
- 12 Age
- 13 Run away to wed
- 14 Little demon
- 15 Half-am
- 16 Fancy dives
- 18 Exits
- 19 Account
- 21 Give
- 23 Babylonian deity
- 24 Measure of macaw
- 25 Highway
- 27 Go by
- 30 Skill
- 31 Near
- 32 Symbol for lithium
- 33 Boundary (comb. form)
- 34 Writing table
- 37 Prince
- 38 Whirlwind
- 39 Oriental measure
- 40 Inserts
- 44 Give ear to
- 45 Egyptian rain god
- 49 Church dignitary
- 51 Universal language
- 52 Italian goddess of the harvest
- 54 Eaten away by weather
- 55 Help
- 56 Born
- 57 It has long

VERTICAL

- 1 Tuna
- 2 Sea eagle
- 3 Musical note
- 4 Period of time
- 5 Move with
- 6 Electrified particle
- 7 Ran
- 8 Demigod
- 9 Yes (Sp.)
- 10 Exude
- 11 Church part
- 16 Prod
- 17 Fillip
- 20 Type of fuel
- 22 Brazilian
- 25 Incursion
- 26 Shield bearing
- 28 Hindu garment
- 29 Mix
- 33 Leave out
- 35 Call for help
- 36 Retain
- 37 Gaelic
- 40 Press
- 43 Compass point
- 55 Morindin dye

Here's the Answer



- 28 Hindu waste
- 42 Allowance for
- 43 Withered
- 44 Final
- 45 Shrub genus
- 46 Great Lake
- 47 Bows slightly
- 50 Diminutive of
- 40 Press
- 43 Compass point
- 55 Morindin dye



—By Chuck Thursday

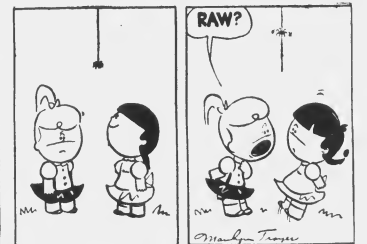
PEGGY



RIVETS



RAW?



By George Sixta



Personalities IN THE NEWS

Mr. and Mrs. L. A. Parsons returned this week after a two weeks vacation spent at the coast.

Mr. G. Derbyshire of Drumheller was the guest of his parents, Mr. and Mrs. G. Derbyshire this week.

G. Jenkins, C. Freeman and R. R. Pattinson attended the baseball games in Lethbridge on Friday and Saturday.

Miss Marilyn Murdoch, a nurse-in-training at the University hospital, Edmonton, is visiting her parents, Mr. and Mrs. S. Murdoch.

Mrs. D. Ingram of Nanaimo B.C., was the guest of her aunt and uncle, Mr. and Mrs. G. Derbyshire last week.

Mr. and Mrs. Jack Graham and children visited Mrs. Graham's grandmother, Mrs. H. W. Clark, sr., and Jack's parents Mr. and Mrs. A. E. Graham for a few days. They will return to their home in Kansas this week.

Mr. and Mrs. W. Smith of Vancouver visited the formers aunt and uncle, Mr. and Mrs. G. Derbyshire last week. It is 35 years since Mr. Smith left Coleman.

Mr. Bill Plante of Red Deer, visited his parents Mr. and Mrs. J. Plante over the week-end.

Mrs. M. V. Bennett of Lethbridge visited her parents, Mr. and Mrs. J. Plante and family over the week-end.

Mr. and Mrs. L. M. Lunn and family of Williams Lake, B.C., have been visiting Mrs. Lunn's parents, Mr. and Mrs. J. Plante and family for the past two weeks.

Mr. and Mrs. W. Lonsbury are the proud parents of a son born on Friday, August 3.

Mr. and Mrs. Cliff Picard and daughter Patricia have returned from a holiday spent at Edmonton, Sylvan Lake and Banff.

Delino and Clementine Celli of Calgary visited with their parents Mr. and Mrs. O. Celli last week.

Miss Elsie Sikara, nursing at the University of Alberta Hospital, visited here with her parents Mr. and Mrs. J. Sikara recently.

Sergeant and Mrs. R. Dempe, stationed with the R.C.A.F. at Goodrich, Ontario, have been transferred to Edmonton.

Mr. and Mrs. Gudmundson and Arlene of Vancouver visited at the home of the former's parents Mr. and Mrs. E. Gudmundson.

Miss Dorothy Gudmundson of Courtney, B.C. is the guest of her grandparents and aunt at Coleman and Bellevue.

Miss Hilda Anderson, accompanied by Carol Heiblen of Eureka, Montana, returned last week from a two weeks holiday spent with Mr. and Mrs. E. Townsend and Mr. and Mrs. R. Dempe at Edmonton.

Mr. and Mrs. Russell Vincent of Calgary visited last weekend at the home of Mr. and Mrs. Frank Vincent.

Mrs. Janet Jackson, one of Coleman oldtimers, is now residing at the Trinity Private Hospital at 1306 11 ave., E. Calgary. Mrs. Jackson would appreciate hearing from any of her old friends in Coleman as she misses seeing them all very much.

Mr. and Mrs. W. Mozell and family, who lived at Spokane, Wash., and also visited Mrs. Mozell's sister at Lacombe.

Mr. and Mrs. J. R. McKay of Pincher Creek are spending a holiday touring the northwest United States. Mr. McKay is the school inspector for his school district.

Mr. and Mrs. O. Celli are holidaying in the United States.

Mrs. Ernest Kroesing has returned from a holiday spent in Vancouver with her daughter and son-in-law.

Mr. and Mrs. T. Collister and family are holidaying at Coeur D'Alene for the next two weeks.

In Memoriam

In loving memory of my dear son Morrow Kubica who passed away August 3rd, 1953. Always a lonely heartache, often a silent tear, But always a beautiful memory Of one we loved so dear. —Ever remembered and sadly missed by Mother, brother and sisters.

Card of Thanks

I would like to express my appreciation and thanks to the hostesses and to you people who made my shower possible and also my sincere thanks for all the lovely gifts. Eugenia Stelmachovich.

Roxy Theatre

A Famous Players Affiliate

COMING ATTRACTIONS

Thursday and Friday, August 9th and 10th

"Anything Goes"

Bing Crosby and Donald O'Connor

The gayest of Cole Porter's Broadway musical hits becomes the years most glittering screen treat...Here is the delightful, delovely musical smash of the season.

Musical - Vista Vision - Technicolor

Saturday and Monday, August 11th and 13th

"Tennessee's Partner"

John Payne - Rhonda Fleming

Four of the Old Wests most Famous Characters, immortalized by Bret Harte...Tennessee believed in taking chances as long as he cut the cards...The colorful Gold Rush Days.

Western Drama - Superscope - Technicolor

Matinee Saturday at 2 p. m.

Tuesday and Wednesday, August 14th and 15th

"Storm Over The Nile"

Anthony Steel - Laurence Harvey

Captures all the dazzling spectacle and breathtaking adventures of the vast violence-ridden Sudan.

Drama - CinemaScope - Technicolor

Take Time Out For Beauty

To restore life, lustre and manageability to your hair, see our selection of hair creams and dressings.

WILDROOT CREAM - OIL, SUAVE, BRYLCREAM, BRECK HAIR DRESSING, BRECK CREAM TREATMENT for Dry or Damaged Hair, etc.

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TONI - With Fresh Air Waving Lotion. NEW QUICK - Cuts Winding Time in Half.

FAST - For that Natural Curl Look. PROM - New Creamy Lotion.

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Fresh in - pkg. 35c

SODAS - Salted or Plain, Christie's or Paulin's, 2-lb. box 65c

CHOCOLATE ECLAIRS, Paulins, per pkg. 43c

NUT SUNDAES Paulins per pkg 45c

MARSHMALLOWS BLOSSOMS Paulins, Fresh, per pkg 43c

A New Line

Cherry Hill Honey Butter, Good for Sandwiches, per Tub 45c



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PRESERVING NEWS

B. C. Peaches will be starting about August 15th. Bartlett Pears will be on the market about a week later. Leave your order now and we will deliver them when they are at their best. ORDER NOW.

We Have Everything You Need For PRESERVING

Fruit Jars Rubber Rings Tin Lids and Glass Lids

Enos Fruit Salts, Large Bottle. SPECIAL 98c

Cigarettes, Your Choice. Carton of 200 for \$2.98

For FRESH EGGS, Try Mrs. Horn's. Fresh Supply Daily

Assorted Meat Spreads for Sandwiches, 2 tins	33c
Puritan Devilled Ham Spread, 2 tins	33c
Puritan Ham and Turkey Spread, 2 tins	35c
Crosse and Blackwells Bloater Paste, per jar	25c
Crosse & Blackwells Salmon & Shrimp Paste, jar	29c
Chicken, Summerside, Jellied, per tin	55c
Tuna Fish, Crawford's Soled, Light Meat, per tin	29c
Sardines, Brunswick, in Oil, 3 tins for	35c
Salmon, Red Sockeye, Court, 1 lb. tin	49c
Crab Meat, Skipper, per tin	55c
Crab Meat, Clover Leaf, per tin	69c
Sardines, Norwegian, Small, 2 tins for	49c
Smoked Oysters, Musketeer, per tin	25c
Corn Beef, Libby's, always the best, per tin	59c

Dates, Pitted, Fresh, 2 pound package	45c
Shelled Walnuts, Light Pieces, Fresh, 1 lb. pkg.	43c
Coconut, Fine, Unsweetened, 1 lb. Cello pkg.	35c
Glace Cherries, Red or Green, Just in, 1 lb. pkg.	35c
Fruit Cake Mix, Woodland's, Fresh, 1 lb. pkg.	23c
Australian Raisins, Martins, Fresh, 2 lb. pkg.	52c
Swansdown Cake Flour, per package	49c
Velvet Cake Flour, per package	45c
Spaghetti or Macaroni, 5 pound box	59c
Ketchup, Heinz, 2 bottles for	67c
Aylmer Catsup, 11 oz. Bottles, 2 for	49c
Prepared Mustard, Libby's, 16 oz. jar	25c
Horse Radish, Cedervale, Pure, per bottle	39c
Ingersoll Cheese Spread, 16 oz. jar	59c

FLOUR--Let your next order be Ogilvie's Royal Household. It's Canada's Best

MILK, Tall Tins, Your Choice 6 tins for	.99
SUGAR, B. C. Factory Filled 10 pound sack for	\$1.05
BROWN SUGAR, Soft 2 pounds for	.27
VINEGAR, Heinz, White Gallon Jug	\$1.35
JAVEX BLEACH, 1/2 Gallon Supply Limited, each	.59

POP - POP Blaimore - Calgary Coca - Cola 24 Bottles Assorted, case Plus deposit	\$1.75
EAMON'S NECTARS We have a Full Stock of these— All Flavors - All Sizes	

PINK KLEENEX, New Economy Size, per pkg.	.35
SCOTTIES FACIAL TISSUE Economy package	.33
WAX PAPER REFILLS 100 foot Rolls, 2 for	.55
S. O. S. SCOURING PADS New package of 10 pads	.29
ALUMINUM FOIL WRAP 25 foot roll	.29

COFFEE, Nabob or Koban, per pound \$1.17

TEA, Lipton's Finest Orange Pekoe, per lb. \$1.29

LIFEBUOY SOAP SPECIAL Bath Size, 2 cakes for	.29
PALMOLIVE SOAP SPECIAL Bath Size, 3 cakes for	.39

CHEESE, Try some of these Cherry Hill, Medium aged, pkg. 53c Cherry Hill, Extra Old, pkg. 55c Cherry Hill, Wine Cured, pkg. 59c	
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STRAWBERRY JAM, H.&P. Pure, 2 lb. tin. 72c, 4 lb. tin	\$1.29
MIXED JAM, Strawberry and Rhubarb, Murrays, 4 lb. tin	.85

English Biscuits

IN TINS. To make room for New Arrivals we are cleaning up our present stock. Only about one dozen tins. Your choice at

Half Price